

The LMG Diabetes Clinic is your source for the screenings, protocols, and counseling that allow you to control your wellness.

Working with a nurse and your provider, you create a treatment plan that serves your total health.



Your questions, needs, and test results chart the direction of your appointment.



Screenings

Ankle-brachial index (ABI)
To assess for peripheral artery disease

Retinal exam
To assess for diabetic retinopathy and detect any early signs of visual changes

Foot exam
To assess for skin breakdown, circulation and sensation



Counseling

Self-care
Using the glycemic index
Meal planning
Medication guidelines
Exercise guidelines
Daily foot care
Proper glucometer use and storage
Maintaining appropriate blood glucose readings



Updates

Labs
Order any labs due and schedule follow-up with primary care provider if needed



Graphing results

Trends in lab work
Visualize trends and progress with graphed HgbA1c and microalbumin results