

Please Note

You will be provided with the appropriate container for your test.

Do not collect urine when you empty your bladder the first time in the morning.

Try to pass urine before a bowel movement so as to avoid loss of urine.

24-hour urine containers must be kept in the refrigerator during the collection period.

Ensure that your name is on the container.

There are certain urine tests that require a blood sample. When dropping off the urine container, please check with the lab staff to see if you need a blood sample drawn.

Specimen Collection

Begin these steps the morning before you will return the 24-hour sample to the lab:

Write the date and time on the container of the FIRST time you emptied your bladder into the container.

Collect your urine, day and night, for the next 24 hours.

Before returning the urine container to the lab, write the date and time on the container of the LAST time you emptied your bladder.

Bring your test order form with you when you return your container.