

Ultrasound Preparation

Please CHECK-IN at Suite 500 the day of your procedure.

General Ultrasounds

Abdominal Ultrasound

Includes evaluation of the gallbladder, liver, pancreas, bile ducts, aorta, kidneys, and spleen. Patient must not eat 6-8 hours prior to exam. Patients may also only drink water prior to the exam. If the patient has no gallbladder, preparation is the same.

Bladder Ultrasound

Includes evaluation of the bladder, bladder wall, and both adnexa. Patient must have a full bladder. Drink 40 oz. of water in one sitting, one hour prior to appointment. Do not void/urinate prior to the exam.

Pelvic Ultrasound

Includes evaluation of the uterus, cervix, ovaries, and both adnexa. Patient should drink 40 oz. of water in one sitting, one hour prior to the exam. Do not void/urinate prior to the exam. If patient has no uterus or ovaries, test preparation is the same. After the pelvic ultrasound is performed, an intravaginal ultrasound will likely follow. All preparation and procedures apply to pregnant uterus.

Renal Ultrasound

Includes evaluation of the right and left kidneys in addition to bladder. Patient must drink 40 oz. of water in one sitting, one hour prior to the exam. Do not void/urinate prior to the exam.

Renal Artery Doppler Ultrasound

Includes evaluation of the right and left kidneys, as well as the blood flow. Patient must not eat 6-8 hours prior to exam.

Testicular Ultrasound

Includes evaluation of right and left testicles. No preparation is required.

Thyroid Ultrasound

Includes evaluation of isthmus and right and left lobes of gland. No preparation is required.

Vascular Ultrasounds

Carotid Doppler

Includes evaluation of the right and left carotid arterial systems supplying blood to the head. No preparation is required.

Arterial Doppler of Arms or Legs

Includes evaluation of arterial systems supplying blood to upper or lower limbs. No preparation is required.

Venous Doppler of Arms or Legs

Includes evaluation of venous systems of upper or lower limbs to rule out DVT. Lower limbs can also be evaluation for varicose veins. No preparation is required.

Cardiac Ultrasound

Echocardiogram

Includes evaluation of the function of the heart. No preparation is required.